



DIRECTIONS: Take one tablet in the evening, **half an hour before going to bed**. For better absorption and to increase the product's effectiveness, we recommend taking the tablets with hydrogen-rich water obtained using the **FRAME® D5** device.



INGREDIENTS: Maltodextrin. **Stabilizers:** Microcrystalline cellulose - Dibasic calcium phosphate. **Anti-caking agents:** Magnesium stearate - Silicon Dioxide - Glycine - Adenosine - Melatonin. **Average concentration for one daily dose (1 capsule):** Glycine 7 mg / 0.000246918 oz Adenosine 1,25 mg / 4.40925e-5 oz - Melatonin 1 mg / 3.5274e-5 oz.

STORAGE CONDITIONS: Keep in a cool and dry place. Do not use the product after the expiration date.

WARNING: This product was created for long-term use in adults of all ages. Avoid taking more than one pill at a time and swallow products with plenty of fluids. Pills or pill fragments can get lodged in the windpipe or esophagus and can lead to complications. All dietary supplements should be stored up, away, and out of sight from young children. Do not exceed recommended daily doses. Supplements should not be considered as substitutes for a varied, balanced diet and a healthy lifestyle. This product is not intended to diagnose, treat, cure or prevent any disease, and is intended for healthy adults, 18 years of age or older. Do not take this product if you are pregnant or nursing. Keep out of reach of children. Do not use if the safety warranty seal is broken or missing.

CONTAINS: 30 tablets of 300 mg / 0.010 oz each.

NET QUANTITY: 9 gr / 0.32 oz e

Made in Italy by Sveba Srl. Via dell'Industria 369 Cassina Rizzardi (CO) (Lotti C).
Località Galdo Zona Industriale, Lotto 20 - Lauria (PZ) - (Lotti E).

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